

## **Longdean School**



## **PSHCE Policy**

<b>Reviewed:</b>	<b>Autumn 2017</b>
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<b>Next Review</b>	<b>Autumn 2018</b>

## PSHCE Policy

Personal, Spiritual, Health and Citizenship Education is taught to all students as part of the integrated Social Sciences Programme in years 7-11, and as its own course in years 12 and 13. The aims of the course are to:

1. Develop confidence and a sense of responsibility.
2. Develop good relationships and respect other people.
3. Encourage safer and healthier lifestyles.
4. Develop and embed a sense of what it means to be a British Citizen.
5. Develop resilience and the ability to resist pressure.
6. Prepare students for working life.

All students in year 7 follow a Resilience Programme, based upon the Penn State model. This helps the students to learn about themselves and be more confident, and gives them strategies to deal with different situations and difficulties. This programme is re-visited in subsequent years to support students at key times.

Throughout years 7 to 11, within the integrated Social Sciences course, students are encouraged to understand and empathise with people with different experiences to themselves. The British values of democracy, the rule of law and individual liberty are a recurring theme when students are considering wider issues. Sex and relationships are covered throughout the course, and drugs education is also revisited. As PSHE is integrated with Religious Education within Social Sciences, there is a lot of opportunity to explore the spiritual, moral, cultural and social aspects of all of the issues. Various aspects of careers are considered in all years, culminating in preparation for Work Experience at the end of year 10 and for choices beyond year 11.

In the sixth form, there is a tailor-made PSHE Programme, designed to cater for the distinct needs at this stage. There is extensive work done surrounding careers and UCAS advice, along with discussion around current affairs, public speaking skills and health issues. We invite a variety of speakers in to deal with teen issues, such as drugs, abusive relationships and alcohol. We also offer workshops helping students deal with life after school, such as organization, finance and cooking. There is also a rigorous tutor and assembly program that helps draw attention to topical issues and covers areas of SMSC.