

Health and Social Care

6th form holiday task

You will be studying the new BTEC Health and Social.

As part of the course you will look at human growth and development through the life stages.

The major stages are:

- Birth and Infancy
- Early childhood
- Adolescence
- Early adulthood
- Middle adulthood
- Later adulthood

1. Find out what are the key ages for each life stage and what are the differences between these stages in terms of growth/changes and development. Make sure you include some physical development, social development, emotional development and intellectual development in each of the stages
2. Explain the difference between growth and development including some examples of growth and examples of development

Summarise your findings into 2/3 pages of notes / diagrams that you can use while you study Health and Social Care.

You will need to hand your work in to your Health and Social Care teacher during your first lesson.

3. Make sure you buy and bring in an A4 folder, lined paper and dividers for your subject.
4. To support the course you will be studying it is strongly recommended that you purchase the text book Pearson BTEC national Health and Social Care Student Book 1 (which will cover everything in the 2 year course) for the 2016 specification ISBN 978-1-292-12601-2